



Building Better Brains

Together We Can

Join us online for an exclusive McKinnon Primary School Parent and Carer information session with Tony Vallance, who has recently presented to staff on our Term 3 Curriculum Day.

Thursday 10th August – 7:30 pm to 9:00 pm Webinar

Parent Session: Demystifying Brain, Behaviour and Trauma – 90 minutes, 2 Presenters

Learn how stress and trauma impact brain and behaviour, regulation capacity and relationships. Explore practical ideas that can help restore regulation, calm, safety and connection to your family and help process the traumatic events. This workshop will be delivered LIVE online in an evening session so that it is most accessible to your parent/caregiver community.

**Tickets are available through the Qkr! app.
Order by the 9th of August.**

Website: www.buildingbetterbrains.com.au

Facebook Page: <https://www.facebook.com/bbbaustralia>

Facebook Support Group: <https://www.facebook.com/groups/buildingbetterbrainsaustralia/>



Sian Chambers-Vallance – Clinical play therapist, creative counsellor, consultant and trainer, Parent educator, Yoga and Mindfulness teacher, Brain geek and Play and Creativity Advocate



Tony Vallance – Registered Counsellor, Secondary School Teacher, Australian Education Awards Teacher of the Year 2019, Victorian Excellence in Education Awards Finalist 2018, Drumbeat and Mindfulness Facilitator, Behaviour Support Specialist.